



Dalton Family Practice

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PATIENT EDUCATION HANDOUT

WART REMOVAL

From: Dr Brad DeLay

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To Purchase from Pharmacy:

1. Mediplast 40%
2. Compound W 17%

The removal of warts in certain locations can be difficult--especially if they are on the bottom of the feet. With your cooperation, a combination of acid and cryosurgery (freezing) can be used to more effectively remove these viral infections without much disability during treatment or damage to the surrounding skin. Every night for about two weeks, clean the lesion, and apply some **Compound W** (17% salicylic acid gel) on the wart. Then cover the wart and gel application with **Mediplast** (40% salicylic acid pads with adhesive backing) so that the pad slightly overlaps the wart. Leave the pads on as long as possible. Remove them each evening, bathe, and then reapply. The treated wart should turn white and look fluffy. If the area becomes very sore or red, stop treatment and call our office. If the pad moves excessively during the day because of your activity, apply them in the evening when you come home or when you do not have to move around as much. Once you have prepared the area well, it will be easy for the physician to remove the layer that covers the wart and to freeze the base where the root is. Cryosurgery leaves little or no scar, and usually only leaves the skin lighter in color. Most people can continue to do all their daily activities, including swimming and bathing, during treatment. No anesthesia is needed. The freezing employed with cryosurgery can kill hair follicles, so it's not appropriate for treating large areas of the scalp. If you have an intense skin reaction to cold, please tell the doctor before the warts are removed.